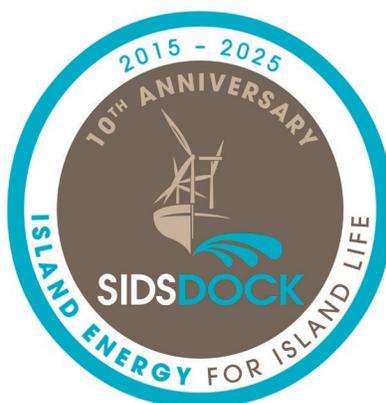




Distribution: General
9 September 2025

Small Island Developing States Dock (SIDS DOCK)

**Ninth Session of the SIDS DOCK Assembly
Via Telephone and Videoconferencing
Thursday, 25th September 2025
4:00 p.m. to 6:00 p.m. (Eastern Daylight Time)**



General Guidance for Audiovisual File Submission

1. **Formatting the Video:**
 - a. Format: MP4
 - a. Codecs: H.264 + AAC
 - b. Resolution: 1920p x 1080p
 - c. Target bitrate: 2500 Kbps

2. **For file submission, video quality should preferably be as follows:**
 - a. Recommended Video format: MP4 but any video format is accepted (E.g., MOV, AVI, MKV, etc.)

- b. Aspect Ratio: Wide Screen (16:9)
 - c. Video Resolution: 1080p recommended, 720p minimum
3. **Want to have the best results? This is the recommended configuration:**
- a. Sound must be recorded with appropriately placed microphones, giving minimum background noise and without peak distortion.
 - b. The audio must be free of spurious signals such as clicks, noise, hum and any analogue distortion.
 - c. Please kindly refrain from including any background music with the statement.

For more Guidance for Audiovisual File Submission for the ninth session of the SIDS DOCK Assembly, please contact the SIDS DOCK Secretariat at: secretariat@sidsdock.org